



**ISSF RUN AND SHOOT**

**SUHL, GER**

**ISSF 16 JUN 2012**

## GENERAL INFORMATION

### ELIGIBILITY

All athletes entered through an ISSF member federation starting from the age of 12.

Category	Age	Distance	Shooting
Student male	1998 and younger	Qual.: 3x400m Finals: 5x400m	Qual.: 2xP Finals: 4xP
Student female	1998 and younger		
Youth male	1995 - 1997	Qual.: 3x600m Finals: 5x600m	Qual.: 1xP, 1xS Finals: 2xP, 2xS
Youth female	1995 - 1997		
Junior male	1992 - 1994		
Junior female	1992 - 1994		
Men	1991 and older		
Women	1991 and older		

P= prone position / S= standing position

### QUALIFICATION

In each category qualification relays begin with a mass start, the members of each relay will be determined through random draws. A maximum of 20 athletes in one category will start at the same time. Competitors will complete three (3) running stages of 400m or 600m with two (2) air rifle shooting rounds between the running stages. In the shooting stages, athletes will fire at five (5) falling targets in the prone or standing position. Athletes must continue firing until all targets are hit. The winner is the person who completes the three (3) running stages and two (2) shooting stages first.

After the qualification relays for that category are finished, the best three (3) athletes in each relay advance to the Finals. Additional athletes will be advanced to the Finals based on their total time to complete the Qualification.

*Students male / female*

Stage	Activity	Description
1	Running	400m on the designated running course.
2	Shooting	Athletes take rifles from the rifle rack, carry them to their firing points and fire at five (5) falling targets from the <i>prone position</i> until all targets are hit.
3	Running	400m: After shooting, rifles are replaced in the rifle rack and running continues.
4	Shooting	Athletes repeat Stage 2 by firing at their five (5) targets in the <i>prone position</i> until all are hit.
5	Running	400m: After shooting, rifles are replaced in the rifle rack and running continues until the athlete reaches the finish line. The total time from the start to the finish is the final result.





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*Youth male / female*

Stage	Activity	Description
1	Running	400m on the designated running course.
2	Shooting	Athletes take rifles from the rifle rack, carry them to their firing points and fire at five (5) falling targets from the <i>prone position</i> until all targets are hit.
3	Running	400m: After shooting, rifles are replaced in the rifle rack and running continues.
4	Shooting	Athletes repeat Stage 2 by firing at their five (5) targets in <i>standing position</i> until all are hit.
5	Running	400m: After shooting, rifles are replaced in the rifle rack and running continues until the athlete reaches the finish line. The total time from the start to the finish is the final result.

*Junior male / female & Men, Women*

Stage	Activity	Description
1	Running	600m on the designated running course.
2	Shooting	Athletes take rifles from the rifle rack, carry them to their firing points and fire at five (5) falling targets from the <i>prone position</i> until all targets are hit.
3	Running	600m: After shooting, rifles are replaced in the rifle rack and running continues.
4	Shooting	Athletes repeat Stage 2 by firing at their five (5) targets in <i>standing position</i> until all are hit.
5	Running	600m: After shooting, rifles are replaced in the rifle rack and running continues until the athlete reaches the finish line. The total time from the start to the finish is the final result.

## FINALS

The Finals of each category will begin with a mass start with athletes who qualified through the Qualification relays. In the Finals, the distance and number of shots increases to five (5) running and four (4) shooting stages.



#### CATEGORY REQUIREMENTS AND AWARDS

If there are less than 10 athletes registered for a category, they will be moved up to the next higher category. Medals will be awarded for the first three (3) places in each category and Diplomas will be given until place six (6).

#### EQUIPMENT

Only 4.5 mm (.177 cal.) air rifles firing lead pellets propelled by CO2 gas or compressed air may be used. The organizer will provide air rifles for all athletes who wish to use them, but private air rifles complying with the following limitations may be used by athletes:

- Maximum weight – 4.5 kg
- Trigger pull – unlimited
- Adjustable aperture, non-optical rear sight
- Non-optical front sight with interchangeable inserts
- Pneumatic, CO2 or compressed air
- Single loading (or repeater with single loaded magazine)

#### ENTRY FEE

There is no entry fee.

#### DEADLINE

Please return the Final Entry Form to ISSF Headquarters by email ([hilde@issf-sports.org](mailto:hilde@issf-sports.org)) or fax (+49 89 54 43 55 44) before **6 JUN 2012**.





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PRELIMINARY SCHEDULE TRAINING AND QUALIFICATION

Friday, 15<sup>th</sup> June 2012

17:15 – official training

Saturday, 16<sup>th</sup> June 2012 – ISSF Run and Shoot Event – international & national participants

07:30	Distribution of competition information Equipment Control – if needed
08:00	Preparation time Students and Youth
08:45	Qualification Students male
09:30	Qualification Students female
10:15	Qualification Youth male
11:00	Qualification Youth female
11:45	Preparation time Junior (male/female), Men / Women
12:30	Qualification Junior male
13:15	Qualification Junior female
14:00	Qualification Men
14:45	Qualification Women





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## PRELIMINARY SCHEDULE FINALS

Saturday, 16<sup>th</sup> June 2012

15:45	Finals Students male (including 5 min. preparation time)
16:05	Finals Students female (including 5 min. preparation time)
16:25	Finals Youth male (including 5 min. preparation time)
16:45	Finals Youth female (including 5 min. preparation time)
17:05	Finals Junior male (including 5 min. preparation time)
17:25	Finals Junior female (including 5 min. preparation time)
17:45	Finals Men (including 5 min. preparation time)
18:05	Finals Women (including 5 min. preparation time)

Award Ceremonies will take place after the last Final!

